

## Attention Nebo Parents

join our next Mental Health Series...

## Helping Your Child Succeed -Three Parenting Styles

Course Created by: Dr. Kevin Skinner, LMFT, CSAT, EMDR

Learn practical ways you can improve parental warmth which is one of the key areas of principle-based parenting. Children who experience parental warmth are found to be more creative, experience less depression, and have healthier selfesteem.

## Parent will learn about:

- Parental Warmth
- Behavioral control
- Monitoring behaviors
- Psychological control

## May 17, 2023 6:00-7:00 PM via Zoom







**Register Here**